

# 2019 Irish Open International

Thursday 28/02/19			Friday 01/03/19			Saturday 02/03/19			Sunday 03/03/19		
Weight Control	10:00 - 22:00	Citywest Convention Centre	Weight Control	09:00 - 12:00	Citywest Convention Centre	PF - Junior, Senior Blackbelt	09:00 - 19:00	Citywest Convention Centre	PF - Pee Wee, YC, OC	09:00 - 19:00	Citywest Convention Centre
Referee Seminar	13:00	Citywest Convention Centre	Ring Sport Medical Check	11:00 - 13:00	Citywest Convention Centre	PF - Senior Beginner/Intermediate	09:00 - 19:00	Citywest Convention Centre	Ring Sport K1 FC	09:00 - 19:00	Citywest Convention Centre
JPM Seminar	19:00 - 21:00	Citywest Convention Centre	Draft Draws	13:00		LC - Semi Final/Finals	09:00 - 19:00	Citywest Convention Centre	Forms/Weapons Junior, Senior	09:00 - 19:00	Citywest Convention Centre
All Stars Seminar	19:00 - 21:00	Citywest Convention Centre	LC - Cadets, Juniors, Seniors, Veterans	14:00 - 21:00	Citywest Convention Centre	Ring Sport K1 FC	09:00 - 19:00	Citywest Convention Centre	PF - Grand Champion	15:00 - 20:00	Citywest Convention Centre
			PF - Veterans	14:00 - 21:00	Citywest Convention Centre	Forms/Weapons YC/OC	09:00 - 19:00	Citywest Convention Centre			
			PF - Team Events	16:00 - 21:00	Citywest Convention Centre	Night of Champions (Select Finals)	20:00 - 22:30	Citywest Hotel			
			Ring Sport K1 FC	14:00 - 21:00	Citywest Convention Centre						
			Forms/Weapons Team Events	14:00 - 21:00	Citywest Convention Centre						

